
LAB ALERT

Date: January 9, 2018

Test Code Update: Insulin-Like Growth Factor

Dear Regional Pathology Services Clients,

The Insulin-like growth factor test which aids in the diagnosis of growth hormone excess and deficiency disorders will now be reported with a calculated Z-score. Both patient age and sex are required for Z-score calculation. A Z-score is the number of standard deviations a given result is above (positive score) or below (negative score) the age and sex adjusted population mean. Results that are within the IGF-1 reference interval will have a Z-score between -2.0 and + 2.0.

With this change, the test order code has changed. Interfaced clients will need to deactivate the old code **ILGF1** and build the new test code **IGF1ZS**.

New Test Order Code	Order Code Name	Result codes	Result code Name
IGF1ZS	IGF-1 w/ Z-score	ILGF1	Insulin Growth Fact1
		ILGF1Z	IGF1 Z score

Specimen requirements have not changed

More information about this test can be found on our website at:

<https://www.testmenu.com/nebraska/Tests/276798>

If you have any questions about these changes please contact client services at 402-559-6420 and ask to speak with one of the client coordinators.

24/7 Client Services 1-800-334-0459